

# ASSOCIATION OF ELDERLY RIGHTS AND MENTAL HEALTH

*"The aim of our association is to improve the quality of life of the elderly and people with mental disorders."*



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# ASSOCIATION OF ELDERLY RIGHTS AND MENTAL HEALTH

The Association of Elderly Rights and Mental Health is a non-governmental organization which fights for the care that is compatible with human dignity for elderly and people with mental disorders in our country.

Founded in November 2018, many sentient citizens from various professional groups have become members of the association and contribute to the activities of the association on a voluntary basis.



## OUR MISSION

To strive for the establishment of legal and institutional infrastructure that will improve the quality of life of the elderly and people with mental disorders and ensure the basic rights and needs of this population.

To pioneer rights-based movement in the field of mental health and to develop informative projects and activities that eliminate stigma and prejudices about mental and neurological diseases.

To teach, disseminate and defend the rights of the elderly and the rights of people with mental disorders.





## OUR VISION

We aim to be a pioneer non-governmental organization which protects elderly and people with mental disorders and contributes to the development of our social values in the field of elderly rights and mental health by cooperating with domestic and international non-governmental organizations.



## THE SITUATION TODAY

There is still no law regulating care homes in North Cyprus, while the Mental Health Bill is still waiting in parliament.

In order to establish and implement quality standards in these sectors, it has to be of top priority for the state to create and implement the relevant laws. Inspection alone is not a solution because without legislative regulation, it is not clear according to what specifications care homes will be inspected.

In order for elderly care homes to serve at the expected standards, the infrastructure of the buildings, the number of personnel they own and the administrative staff should be determined by laws according to the number of elderly people they are obliged to look after.

The situation today is by no means acceptable.

To learn more about the current situation of care homes in our country you can read the results of our **"Fact Finding Report"** on our website.





## SOME OF OUR ACTIVITIES

- Conducted a situation analysis of elderly homes and care homes to understand the cause of inadequate care of elderly in TRNC. The preparation of this report was supported by the Civic Grow Programme financed by the European Union.
- We visited the relevant ministries of the state, presented our report and expressed ongoing problems.
- Raised awareness of different issues about elderly rights and mental health in the press
- Held informative seminars about issues of elderly care, rights and mental health
- We visited elderly care homes in North Cyprus and made donations.
- We have translated and reviewed the elderly care law in South Cyprus, and visited an elderly care home in South Cyprus and compared it with North Cyprus.



## JOIN US

If you want to be the voice of the elderly and people with mental disorders in society and fight with us to solve their problems,

If you want to help other families by sharing your experiences and awareness gained by caring for your relatives,

If you want to destroy prejudice, stigmatization and false information about people who are not mentally healthy,

If you want to be informed about the latest developments in elderly care and mental health,

Please contact us to become a member.



[www.elderlyrightsandmentalhealth.org](http://www.elderlyrightsandmentalhealth.org)



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